



King's Academy Ringmer

King's Academy Ringmer @Home

Third Edition

In pursuit of excellence

May 2020

Teaching & Learning @ Home

by Louisa Loney



Welcome to another edition of our @Home newsletter designed to offer some supplementary resources to parents and students while we are closed.

Firstly, we would like to say a huge thank you to you, our parents, who are doing such a fantastic job of homeschooling our young people. We are very aware of the vast number of plates you are currently spinning and we are very grateful for all that you are doing. We would just like to reassure you that we will do all that we can to ensure all our students catch up when we return to school and that's for us to worry about and not you. You should continue to support your child in the best way that you see fit.

Secondly, thank you to all our students. We are missing you all so much and we are really impressed with the work you are submitting over [Google Classroom](#). Well done!

Finally, the resources in this newsletter are just suggestions and there is no expectation that they are all done. It is completely up to families what they would like to engage with. It's just a few recommendations that we thought might be useful.

Please see Mrs Williams' message if you haven't already done so from last week - [Principals's Message - Week 5](#)

If you have any questions, suggestions or recommendations, please email me at louisa.loney@kingsacademies.uk.

Stay safe and well,

Louisa Loney
Assistant Principal - Teaching and Learning

ONLINE LEARNING

We use quite a few online learning platforms as you can see from the links at the bottom of the page, such as GCSE Pod, Seneca etc. We have added a user guide to the school website [@Home](#) page in case students or parents need any help. You can also find the two previous @Home Newsletters and refer to @Home 1 to remind yourself of the timetable we suggested as a guide to help structure your day (clearer version).

Time	Activity	Details
8.00 - 8.30	Wake up	Make your bed, shower, get dressed and have breakfast. If you have more than one child, you may have to rotate the activities to enable access to IT
9.00 - 9.30	PE	Watch Jo Wicks teach a live PE lesson on YouTube on The Body Coach TV
9.30 - 10.00	Lesson time	Google Classroom or work packs
10.00 - 10.50	Lesson time	Google Classroom or work packs
10.50 - 11.10	Break	Have a nutritious snack and relax - get a bit of fresh air, walk, read...
11.10 - 12.00	Lesson time	Google Classroom or work packs
12.00 - 12.50	Lesson time	Google Classroom or work packs
12.50-1.35	Lunch	Eat a nutritious lunch - chat with family and siblings and get in touch with friends
1.35 - 2.25	Creative time	Draw, bake, play an instrument, do some creative writing, do some art, puzzles etc
2.25 - 3.15	Lesson time	Google Classroom or work packs
3.15 - 3.45	Reading	Read a book of your choice
3.45 - 4.15	Chores	Help around the house - tidy up, prep dinner, do the laundry, tidy your room
4.15 - 5.15	Fresh air	Try to get outside if you can - walk, cycle, jog - but remember to follow social distancing rules
5.15 - 6.15	Dinner	Eat dinner and spend time with your family, discuss your day
6.15 - 9.00	Free time	Relax - watch TV, play games, listen to music, be with family
9.00	Bed time	Get some sleep - keep healthy and rest

Please see these frequently asked questions from parents regarding the

structure of the school day at home.

How should I structure my child's day?

This is largely up to you and will depend on your family circumstances. For example, as a family you may have to share IT facilities and therefore it wouldn't be fair for us to insist on a rigid structure. We share a suggested timetable for the day and this aims to ensure that our students get a balanced day and take part in other healthy activities - reading, helping around the house, getting outside etc. Your child could follow their school timetable if you feel this is the best option for them.

Why do you release all of the work at the start of the day?

Originally, we released work during the timetabled lessons but parental feedback suggested this was difficult if siblings were sharing IT or parents were working remotely. Therefore, we release all work by 8.00 a.m. so that families can plan their day. People also wanted to be able to do Joe Wicks at 9 a.m.! However, students can still do their work in the order of their timetable for that day.

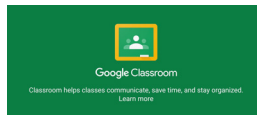
THE DAY HOME

'The Day' is a resource we use in school regularly. The Day is a daily online newspaper for secondary schools in the United Kingdom "which links news stories to the national curriculum and encourages pupils to debate and engage with the wider world." However, now they have launched 'The Day Home', a daily newsletter for parents and guardians designed to help enrich their children's learning with real-world knowledge and skills. Published 7am Monday to Friday and entirely free for the duration of school closures, 'The Day Home' hopes to set young people on

the path to exploring the real world and thinking for themselves. It will include:-

- A brief guide to the important news of the day.
- One live topic per day for you to debate with children.
- Links to the best journalism available anywhere in the world.
- One activity per day recommended for each of the five Key Stages. Suitable for children aged six to 18.

Use this link to sign up -



OAK NATIONAL ACADEMY

You may have seen that the Department for Education has released some online lessons through the Oak National Academy. Oak National Academy is a new collection of high-quality lessons and online resources. Backed by the Government, it has been created in response to the coronavirus lockdown.

The online classroom offers free access to great teachers, delivering video lessons, quizzes and worksheets. Available for both primary and secondary levels, it covers a range of subjects. They will provide new lessons and resources each week.

Some teachers in school may use Oak National Academy for some subjects and topics. However, some may not if it doesn't fit in with their curriculum plans

or it's a topic that has already been covered. However, we are more than happy if your child wants to explore this as a way to supplement the work they are being set by their class teachers.



You can explore Oak National by clicking the logo above.

BBC BITESIZE

BBC Bitesize has always been a fantastic resource to support student learning but in response to school closures and to support parents they have added some new and exciting editions to the site.

They too are now offering online lessons. These are being offered through BBC iPlayer and the red button. There are three lessons per day and they vary across the weekly schedule. Teachers may well be setting these or using some of the resources but we are happy for students to explore these alongside their online learning. They feature a mix of videos, animations, practice activities, quizzes and games.

You can explore BBC Bitesize by clicking this link -



FRANKENSTEIN

Watch The National Theatre's Frankenstein...Childlike in his innocence but grotesque in form, Frankenstein's bewildered creature is cast out into a hostile universe by his horror-struck maker. Meeting with cruelty wherever he goes, the increasingly desperate and vengeful creature is determined to find his creator and strike a terrifying deal. Filmed live in 2011 at the NT in London, this thrilling production became an

international sensation. Directed by Academy Award-winner Danny Boyle, this production sees Benedict Cumberbatch and Jonny Lee Miller alternating between the roles of Frankenstein and his creation.

Watch Benedict Cumberbatch perform as the Creature from the 30/4 to 7/5 at 7 pm on Youtube watch [Benedict Cumberbatch](#).

Or watch Jonny Lee Miller perform as the Creature from 1/05 to 7/5 at 7pm on Youtube. [Watch Jonny Lee Miller as the Creature](#)

SIR LINKALOT

Excellent Spelling Resource

This was a parent recommendation (thank you!) and it's a really super resource to support spelling, especially high frequency words. Encourage your child with bitesize learning sessions and get instant improvements through the testing facility. It will help any young person but it is especially effective for children with special education needs (SEN) and specific learning difficulties (spLD), including dyslexia, ADHD and autism. It is also currently free during school closures. [SIR LINKALOT](#)



ECO CORNER

Welcome to another installment of Mr Green's Eco Corner - full of environmental news.

It's been nearly five weeks since we were able to meet and talk face to face and I keep thinking how nice it would be to be on our school field, which, until the virus came, we all took for granted. Our field is alive now with wildlife which, because we're not at school, will gradually be getting braver and taking over occupation. Mr Duckworth says there are now moles as well as a fox and many nesting birds. If you have a garden, see how many different types of insects and birds you can see and if you want to try something really whacky get the [warblr](#) app. You record the birdsong and it automatically identifies the bird. I wonder if it works on a budgie?!



Although you might not know it, the 22nd April was Earth Day - in fact it was the 50th anniversary. You may have heard and even noticed that since the lockdown

life has become much quieter, the air is less polluted and the roads safer. Actually this is how things were when I was a kid but for you it might be a new experience. If we are serious about reducing the risk of climate change, this is the type of world which would help. Lots of friends of mine are now working from home and beginning to wonder why they needed to spend two hours a day on a train or in a car to do what they are doing from home. We all need to interact but this horrible virus might give us an opportunity to rethink how we live our lives. You can find out about the great environmental work that's going on and get some practical ideas by clicking on their logo above.

I would really like to hear how you're getting on and if you're using any of your eco skills at home. You can email me on: steve.green@kingsacademies.uk

Stay safe
Mr Green



MACBETH

The Globe are broadcasting a production of Macbeth on the 11th May at 7pm. It is a production created especially for a school's audience so it is that much more accessible and it's only 90 minutes long. It is an outstanding production and we really recommend students seeing Shakespeare live to appreciate the stagecraft and the story brought to life. Year 10s have studied 'Macbeth' and the lower year groups will too so we really recommend this. We hope you enjoy it!

Follow the link for more details

