

KAR

Super Curriculum Catalogue

2024/25

Every Wednesday Period 6
Year 7,8,9

Creating well-rounded confidence individuals that are “world ready”



Why the Super Curriculum?

The super curriculum is designed to help you to become confident, well-rounded individuals that are “world ready”.



Areas of enrichment

The super curriculum is designed to help you become confident, well-rounded individuals that are “world ready”.

6 ways to become more well rounded

Express

Solve

Change

Move

Create

Think

Using media to express ourselves, including traditional spoken and written language as well as modern digital media.



Areas of enrichment

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6 ways to become more well rounded

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Solve

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Think

Using logic to solve problems in the natural world. This includes STEM based projects and problem solving games.



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Enacting change to improve the world around us. This includes charity work, social justice and ecological work.



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Moving our bodies to improve our mental and physical wellbeing. This includes sport in addition to other forms of movement like resistance, endurance and flexibility.



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Using creative artforms to express ourselves. This includes: painting, crafts, theatre and music.



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Activities that improve our mental and social wellbeing so we are prepared for the challenges in life.



Making choices

Based on your choices you will be placed onto one of two pathways:

Pathway 1

Term 1, 2 & 3

You complete **one project** that lasts for the **three terms**.

These larger projects include: KAR: Digital, KAR: Production and KAR:STEM

Pathway 2

Term 1

Term 2

Term 3

You complete **three projects** that each last for **one term**.

There is a larger number of these smaller projects to choose from



Options

The next series of slides show the options that students can pick from.

Please read these carefully and then use the google forms to make your choices.



Chess champions

Solve

Project outline

This is for students who are passionate about learning chess, whether they are beginners or experienced players. You will learn, practice, and compete in the game of chess while fostering strategic thinking, patience, and sportsmanship. The project aims to promote a love for the game and create a community of chess enthusiasts who enjoy the mental challenge that chess offers.

Year groups → Year 7,8,9

Skill you'll learn

Strategic thinking, remaining calm under pressure, sportsmanship, resilience

Careers it links to

Mathematician, computer scientist, finance, chess coach

Session leader(s)

GWE

Cost → FREE!

Length → 1 Term



KAR: Production

Create

Project outline

KAR: Production is an exciting opportunity for students to participate in a theatrical performance, showcasing their talents in acting, singing, dancing, stage management, and technical support. This programme aims to foster creativity, teamwork, and confidence while providing a memorable and enriching experience for all participants.

Year groups → Year 7,8,9

Skill you'll learn

Singing, dancing, acting, team work, stage management

Careers it links to

Actor, lighting technician, creative director, dancer

Session leader(s)

HBA, FUR

Cost → FREE!

Length → 3 terms



Project outline

A dynamic and innovative project designed for students passionate about Science, Technology, Engineering, and Mathematics. This club aims to inspire and engage students in STEM fields through hands-on projects, experiments, and research activities. Members will work towards achieving the prestigious Silver CREST Award, a nationally recognised award that celebrates creativity in STEM.

Year groups → Year 7,8,9

Skill you'll learn

Research, problem solving, planning, practical science skills, collaboration

Careers it links to

Research scientist, doctor, engineer, designer, mathematician

Session leader(s)

ZMC, SDI, SOG (+1 more)

Cost → FREE!

Length → 3 terms



Project outline

The Bushcraft project is an immersive and hands-on project designed for students who have a passion for the outdoors and a curiosity about the natural world. This project provides students with opportunities to explore some of the skills need for DoE in year 9. Through a variety of outdoor activities, students will develop practical skills, environmental awareness, and survival skills.

Year groups → Year 7,8

Skill you'll learn

Bushcraft skills, survival skills, knowledge of nature, teamwork, problem solving

Careers it links to

Outdoors leader, military, environmental scientist, woodland management, landscaper

Session leader(s)

DMO (term 1+3)

Cost → FREE!

Length → Term 1 + 3



Project outline

A project dedicated to promoting environmental awareness and sustainability within the school community. This project provides students with the opportunity to engage in various activities aimed at protecting the environment and promoting eco-friendly practices. By participating, students will learn about important environmental issues, and become advocates for a greener future.

Year groups → Year 7,8,9

Skill you'll learn

Sustainability, community engagement, advocacy, personal responsibility

Careers it links to

Environmental scientist, charity worker, environmental coordinator, policy maker

Session leader(s)

RSI

Cost → FREE!

Length → 1 term



Non-Contact Boxing

Move

Project outline

The Non-Contact Boxing offers students a dynamic and safe way to learn the art and discipline of boxing without physical sparring. This club focuses on the fitness, technique, and mental aspects of boxing, providing an excellent workout while teaching valuable skills. Participants will improve their physical fitness, coordination, and self-confidence through structured training sessions that emphasize non-contact drills.

Year groups → Year 8,9

Skill you'll learn

Discipline, self confidence, fitness, coordination

Careers it links to

Boxer, coach, PE teacher, sports scientist, personal trainer, self defence trainer

Session leader(s)

External

Cost → TBC

Length → 1 term



Project outline

Dive into the world of coding with the Coding project and unlock your potential as a programmer. Whether you want to create your own apps, solve complex problems, or simply learn a new skill, the Coding Club offers the tools and support you need to succeed. Join us to code, collaborate, and innovate in a community of tech enthusiasts.

Year groups → Year 7,8,9

Skill you'll learn

Problem solving, coding, computer programming, maths, resilience

Careers it links to

Computer scientist, coder, software engineer, data scientist, entrepreneur

Session leader(s)

ACI

Cost → FREE!

Length → 1 Term



Taekwondo

Move

Project outline

Embark on a journey of physical and mental development with the Taekwondo Club. Learn the art of Taekwondo, improve your fitness, and build confidence in a supportive and disciplined environment. Whether you aim to compete, advance in rank, or simply enjoy the practice of martial arts, the Taekwondo Club offers the perfect opportunity to achieve your goals. Join us and experience the power and discipline of Taekwondo!

Year groups → Year 7,8,9

Skill you'll learn

Discipline, self confidence, fitness, coordination

Careers it links to

Martial artist, coach, personal trainer, athlete

Session leader(s)

External

Cost → FREE!

Length → 1 Term



Project outline

Dive into the world of screen printing and unleash your creativity. Whether you want to design your own T-shirts, create unique posters, or explore new artistic techniques, this club offers the perfect opportunity to learn and grow. Join us for a hands-on experience that combines art, creativity, and practical skills in the exciting realm of screen printing!

Year groups → Year 7,8,9

Skill you'll learn

Creativity, design, screen printing, planning

Careers it links to

Designer, artist, creative director, manufacturer, fashion writer

Session leader(s)

LNY

Cost → TBC

Length → 1 term



Project outline

Explore the endless possibilities of LEGO building with the LEGO Club. Whether you're a seasoned builder or just starting out, this club offers a welcoming and inspiring environment to create, collaborate, and have fun. Join us and embark on a journey of creativity, engineering, and imaginative play with LEGO!

Year groups → Year 7,8,9

Skill you'll learn

Creativity, engineering, teamwork, social, problem solving

Careers it links to

Engineer, designer, architect, builder

Session leader(s)

LSA?

Cost → FREE!

Length → 1 term



Project outline

Explore the intriguing world of human behavior and mental processes with the Psychology Club. Whether you're passionate about understanding the mind, exploring career opportunities in psychology, or simply curious about why people think and act the way they do, this club offers a supportive and enriching environment. Join us to learn, discuss, and discover the wonders of psychology!

Year groups → Year 8,9

Skill you'll learn

Critical thinking, research, well rounded knowledge, empathy

Careers it links to

Therapist, psychologist, psychiatrist, research scientist, doctor

Session leader(s)

SPI

Cost → FREE!

Length → 1 Term



Project outline

Embrace the excitement and camaraderie of Quidditch by joining the Quidditch Club. Whether you're a seasoned athlete, a Harry Potter fan, or simply looking for a new and fun activity, this club offers a magical experience that blends fantasy with physical sport. Grab your broomstick and join us on the pitch for thrilling games and unforgettable adventures!

Year groups → Year 7,8,9

Skill you'll learn

Strategy, teamwork, fitness, creativity, endurance

Careers it links to

Actor, athlete, coach, activities leader

Session leader(s)

External

Cost → TBC

Length → 1 term



Project outline

Dive into the world of swimming with the Swimming Club and experience the benefits of aquatic exercise. Whether you are looking to learn the basics, refine your techniques, or compete at higher levels, this club offers a comprehensive program to help you achieve your goals. Join us in the pool to swim, compete, and have fun in a supportive and energetic environment!

Year groups → Year 7,8,9

Skill you'll learn

Health, fitness, safety, teamwork, resilience

Careers it links to

Coach, PE teacher, athlete, lifeguard

Session leader(s)

JCO, LRO

Cost → FREE!

Length → 1 term



Project outline

Jump into fascinating world of stop motion animation with the Stop Motion Animation Club. Whether you're passionate about storytelling, enjoy working with your hands, or want to learn new technical skills, this club offers a unique and enjoyable experience. Join us to create, animate, and bring your imagination to life through stop motion animation!

Year groups → Year 7,8,9

Skill you'll learn

Photography, storyboarding, collaboration, computer skills, character design

Careers it links to

Animator, film maker, artist, photographer, content creator

Session leader(s)

LHO

Cost → FREE!

Length → 1 term



Project outline

Explore the delicious world of culinary arts and catering with the catering and nutrition project. Whether you aspire to be a professional chef, enjoy cooking as a hobby, or want to learn how to create impressive dishes for events, this project offers a comprehensive and enjoyable experience. Join us to cook, create, and cater with passion and skill!

Year groups → Year 7,8,9

Skill you'll learn

Culinary, planning, teamwork, creativity, hygiene, knife skills, nutrition, health

Careers it links to

Chef, caterer, event planner, food inspector, food scientist, nutritionist

Session leader(s)

FBU, DBR

**Cost →
ingredients**

Length → 1 term



Project outline

Discover the world of textiles with the Textiles project and unleash your creativity. Whether you're passionate about fashion design, enjoy crafting, or want to learn new techniques, this project offers a comprehensive and enjoyable experience. Join us to sew, dye, embroider, and create beautiful textile art with like-minded peers!

Year groups →

Skill you'll learn

Design, creativity, textile work, sewing, fashion

Careers it links to

Fashion designer, textile designer, merchandiser, fashion writer, costume designer

Session leader(s)

RHE

Cost → TBC

Length → 1 term



Project outline

Unleash your creativity and explore the art of ceramics with the Ceramics Club. Whether you're new to pottery or have experience with clay, this club offers a comprehensive and enjoyable experience to develop your skills and create beautiful ceramic art. Join us to mold, shape, and fire your artistic visions into reality!

Year groups → Year 7,8,9

Skill you'll learn

Craftsmanship, design, creative expression, throwing, glazing, planning

Careers it links to

Potter, artist, manufacturer, interior designer, merchandiser

Session leader(s)

LHO

Cost → TBC

Length → 1 term



Fine art sculpture

Create

Project outline

Experiment with various lightweight materials like withies and wire to build 3D sculpture and constructions. Using drawing to develop ideas you will be exploring a range of techniques to create exciting and imaginative outcomes exploring various themes.

Skill you'll learn

3D making and constructing
Creative imagination
Understanding of form and materials
Observational skills

Careers it links to

Prop maker, Sculptor, Fine Artist, 3D model maker ,exhibition designer,

Session leader(s)

SCO

Year groups → Year 7,8,9

Cost → TBC

Length → 1 term



Project outline

Unleash your creativity and share your voice with the Slam Poetry project. Whether you're an aspiring poet, a seasoned performer, or someone looking to explore new forms of expression, this project offers a nurturing and inspiring environment. Join us to write, perform, and celebrate the power of poetry together!

Year groups → Year 7,8,9

Skill you'll learn

Expression, creativity, confidence, performance,

Careers it links to

Actor, writer, poet, performer, content creator, artist, rapper

Session leader(s)

MMU/PPR

Cost → FREE!

Length → 1 term

