WEEK 1 MENU

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03





GRAB & GO
OPTIONS

MON	Traditional Cottage Pie Served with Vegetables and Gravy	Vegetarian Sausages Served with Mashed Potato, Vegetables and Gravy
TUE	Turkey Con Chilli 🥪 🐲 Served with Rice and Peas	Feta and Beetroot Burger Served with Chipotle Wedges and Salad
WED	Honey Roasted Ham and Mash Served with Vegetables and Gravy	Vegetarian Cottage Pie
THUR	Smokey Chicken Pasta Bake Served with Salad	Sweet Potato and Bean Enchilada Served with American Slaw
FRI	The Sausage Dog Served with Chips, Peas and Baked Beans	Mac & Cheese Pot Served with Chips and Peas

WEEKLY SPECIAL Roasted Indian Chickpea Salad SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad 👐 😻 🕟 **SANDWICHES/BAGUETTES:** Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich v Ham Baguette Cheese & Tomato Baguette 🔻 **WRAPS:** Tuna Crunch Wrap 🐲 Pepper and Houmous Wrap 🔊 😻 **HOT DISHES: Paninis** Pasta & Sauces Freshly Baked Pizza Love Joe's Mexican Burrito

WEEK 2 MENU

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03





GRAB & GO **OPTIONS**

MON	Chicken Shawarma Flatbread Served with Salad	Vegetarian Mexican Tortilla Pie
TUE	Southern Fried Chicken Katsu * Served with Wholegrain Rice and Vegetables	Yellow Vegetable Curry ♥ ♥ Served with Wholegrain Rice and Vegetables
WED	Sloppy Joe Served with Baked Wedges and Salad	Louisiana Soul Bowl ⊘ ※ ★ Served with Yellow Rice and American Slaw
THUR	Chicken and Vegetable Tikka Masala 😻 🦁 Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma • • • Served with Wholegrain Rice and Sweetcorn
FRI	Fish and Chips Served with Peas and Baked Beans	The Veggie Dog Served with Peas and Baked Beans

WEEKLY SPECIAL Moroccan Chicken Salad ⊗ SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad 👐 😻 🕟 **SANDWICHES/BAGUETTES:** Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich v Ham Baguette Cheese & Tomato Baguette 🔻 **WRAPS:** Tuna Crunch Wrap 🐲 Pepper and Houmous Wrap 🔻 😻 **HOT DISHES: Paninis** Pasta & Sauces Freshly Baked Pizza Love Joe's Mexican Burrito









WEEK 3 MENU

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03



CHOICE

GRAB & GO **OPTIONS**

BBQ Pork Meatballs ** Served with Wholewheat Pasta, Pizza Pinwheel MON Served with Pizza Pinwheel and Salad and Green Beans Teriyaki Chicken Soul Bowl 🧇 🐲 Vegan Chilli 💿 💗 🐲 TUE Served with Pineapple Rice, Crunchy Slaw and Served with Wholegrain Rice and Peas Peas Roast Turkey Black-eyed Bean Burger Served with Garlic and Herb Wedges And Served with Roast Potatoes, Two Vegetables and **WED** American Slaw Gravy Sticky Chicken and Vegetable Noodles ** **THUR** Served with Wholegrain Rice **Southern Fried Chicken Goujons** Mexican Loaded Wedges FRI Served with Chips, Peas and Baked Beans Served with Peas and Baked Beans

WEEKLY SPECIAL

Sweet Chilli Chicken Noodle Salad

SALADS:

Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad 👐 💗 🕟

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich 🔊 Ham Baquette Cheese & Tomato Baguette 🔻

WRAPS:

Tuna Crunch Wrap 🐲 Pepper and Houmous Wrap 🔻 😻

HOT DISHES:

Paninis Pasta & Sauces Freshly Baked Pizza Love Joe's Mexican Burrito