

MTB skills coaching, games, time outdoors, exercise, team building, appreciating nature. Led by DBS checked, fully qualified and experienced mountain bike instructor All sessions will have two adults and a maximum of 8 children.

Upcoming dates: Stanmer Park, Brighton £35pp

Fri 30th July: 8:30 - 12:30 (Ages 9 - 12)

Tue 3rd Aug: 8:30 - 12:30 (Ages 13 - 16)

Thu 5th Aug: 8:30 - 12:30 (Ages 9 - 12)

Tue 31st Aug: 8:30 - 12:30 (Ages 13 - 16)

Other dates available upon request as well as adult/family guiding options

Market research: would you be interested in regular mountain bike sessions for your child? Every other Saturday? Please let me know!

Email: oakoutdooradventures@gmail.com for more info and to book

Find us on instagram @oakoutdooradventures