



**Who: All Girls sessions (8-16Yrs old)**

**When: Every Monday 5-6pm (Starting 9<sup>th</sup> Nov-14<sup>th</sup> Dec 20) (6-week term)**

**Where: Ringmer AFC-BN8 5RB**

**With: Get The Ball Rolling**

**Cost: £12 per week (6-week block for £60)**

Dear Parents/Carers,

On behalf of '**Get The Ball Rolling**', football coaching with **Kirsty Barton**, we would like to invite girls of all ages (**8-16yrs**) and abilities to train with us on **Monday's 5-6pm**. These sessions will take place at **Ringmer AFC**, which is a newly built 3G with great facilities.

These sessions will be run by qualified coaches who are also players currently playing professional football in the Barclays Women's Super League.

The aim of these sessions is to get girls involved in football, helping inspire them to develop in different aspects of the game. We want to help build technical and tactical ability as well as develop confidence and social skills. Helping your daughter's personal development is extremely important to us, but their enjoyment each week is paramount.

The first term will start from **Monday 9<sup>th</sup> November 2020** and will run until **14<sup>th</sup> December 2020**, every **Monday 5-6pm**. Throughout these 6 weeks there will be weekly topics in order to cover different aspects of the game to aid towards player development. Whilst you can pay £12 per week, booking the full term is £60 meaning each session is just £10. I would like to encourage booking for the term so we can have the best chances of helping to develop your daughter's ability, which also encourages consistency and commitment each week.

I do hope you will consider your daughter joining these weekly sessions. If you have any questions or require additional information, please do not hesitate to contact me. Additionally, to book now, email or telephone on the details below.

Kind Regards,

Kirsty Barton

Get The Ball Rolling

Kirsty Barton

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