

's Academy vsletter

MESSAGE FROM THE PRINCIPAL

Dear Parents/ Carers

This is traditionally a very short term, however, we have crammed in many activities over this time period.



We have been fortunate this year that the weather has been milder than last year and the fine early spring weather has enabled us to open the field and allow students to run off their excess energy. Over the course of the term many activities and events have occurred and it shows our ability to offer students a well rounded education here at King's Academy.

As we approach the Easter break, there are many staff preparing holiday revision sessions for our year 11 students. These are great opportunities for really focused revision work and I know that many of the students appreciate the time staff take to offer these. Term 5 will bring the start of the public exam season, which for many of our students will be the culmination of the GCSE courses. As an academy, we always try to offer not only

academic support but also support in managing the stress that these important exams present.

Term 5 is the time that we really begin to focus on plans for the next year in terms of timetable, staffing and curriculum. The performance of Aladdin kept many busy! We will be fortunate to have a brand new astroturf facility which was granted planning permission over the February half-term and I look forward to sharing the progress once the developers have the final aspects organised with the council and planning department.

Wishing you a Happy Easter and our skiers a happy & safe trip.

Matt Hillier **Principal**

KAR WIN PRESTIGIOUS **ECO AWARD**

King's Academy Ringmer won the prestigious Green Schools Award 2019 as the best school in the South East for its work on sustainable energy management. Matthew Page and Daisy Peverett received the award at a ceremony held in Ashford.

Matthew said, "It was a really impressive ceremony and we were so proud of our school"

Spring 2019

We are now the top secondary Eco School in the UK after winning our ninth consecutive Green Flag Award. Since 2003, Ringmer has supported the Tidy Britain Campaign and is now a part of the official Hall of Fame.



The school hosted a visit from a group of French engineers who were very impressed by the way we operate our biomass boiler and heating systems. The school is a part of an EU funded project to identify best practice. So far we have been identified as an excellent example of how to run a biomass

We are awaiting the outcome of a government bid for the replacement of our lighting system to reduce our energy use even further. Fingers crossed!!

LINKS ARTICLES ТНІЅ ISSUE AND **VIDEO** ΙΝ

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NEW KGA CEO APPIONTMENT

Dear Colleagues

I would like to start by saying "Thank you" for making me feel so welcome at the recent King's Group Academies INSET Day at Northern Parade. It was great to meet so many of you and it was inspiring to be at such an event, which demonstrated the dynamism and sense of togetherness that stems from being part of one Trust.

I have now visited all schools and this is something I plan to continue in my role as CEO. I am very grateful to Di Smith, Sir Roger Fry and Trustees for involving me in a range of ways, which is making for a smooth transition. I'm delighted to be joining KGA at such a key time in its development. There is much to be excited about, not least the outcome of the recent Ofsted inspection at Lyndhurst Junior School. This is an endorsement of the work of staff both at Lyndhurst and across the Trust.

I am very much looking forward to starting after Easter, working with you all towards the continued success of KGA.



COMIC RELIEF AND RED NOSE DAY 2019

To help raise money for Red Nose Day students and staff wore something RED and paid $\pounds 1$ to the charity for the privilege.

Students and many parents (some up to midnight the previous day) made an amazing amount of beautiful cakes for the cake sale, which all sold out at break-time!

Louis Moyes in year 10 organised a 'Splat the Teacher' event, students paid to throw wet sponges as well as 'splat' raw eggs on Mr Coulthard's head!

At luchtime students paid to play football against a very strong and competitive staff team. Saff

won five out of six games which included debuts for Ms Hunnisett and Miss Domer. The day was a perfect way to end a busy week and proved to be a fun and



successful one, raising over £600 for the charity!

TERM DATES 2019 : Friday 5 April - End of term at 3.15pm

April 23rd 2019 - All students and staff return

Term 5 - 23 April – 24 May

Term 6 - *3 June – 23 July*

Monday 22nd and Tuesday 23rd July INSET Day 4 and 5

(Note students finish on Friday 19th owing to INSET days)

Activities week and Y10 work experience 2019 - 1st-5th July 2019

Monday 22nd and Tuesday 23rd July INSET Day 4 and 5 (school closed to students)

Thursday August 22nd - GCSE results day

September 4th 2019 - Students return for the autumn term

NEW STUDENT LEADERS AT RINGMER

In February our Student Leaders from Year 10 were invited to participate in a Student Leadership day organised by the King's Group.

Students thoroughly enjoyed the day they spent with Dawn Akyürek, Chief Academic Officer and Leadership Trainer, from our sister school in Madrid. Students were given the opportunity to collaborate and engage in team building activities which included the much loved disappearing island game. They learnt about what makes a good team and considered the roles they often play when involved in teamwork. There were some lively discussions about whether leadership was about being liked or being respected or about being honest or being fair.



WORLD BOOK DAY

Students and staff embraced the opportunity to dress as their favourite book character for National World Book Day on March 7. Of course the day is to celebrate publishing and reading which students did during their mentor time as well as talk about their favourite charater, books and why. Students also took part in a massive Ñ fr ti A tł



Mrs Akyürek said, "I was extremely impressed with the students' resilience and inventiveness with the tasks set; they are a credit to the school and I've had a fantastic fun day getting to know them all".

We're all looking forward to their enthusiasm and new ideas to improve the school and help other students.

'book swap' at break and lunchtime. Leader of English, Miss Hunnisett organised prizes for the best fancy dress from staff votes. Thank you to all those who took the time, imagination, energy and creativity to be involved! A fantastic way to celebrate World Book Day and share the love of books and reading.

Once you learn to read, you will be forever free. - Frederick Douglas

GLYNDEBOURNE VISIT

On 27th February 17 students from the current and future GCSE Music classes were invited to go to Glyndebourne to watch their newly-commissioned youth opera 'Agreed' by Howard Moody at the schools matinee.

Featuring world-class singers and musicians, working side-by-side with students and community musicians from across Sussex, the production was a fascinating experience for our students, most of whom had not been to Glyndebourne before.

Afterwards the group were met by the principal dancer Ellyn Hebron who was very keen to know our students' opinions about the opera.

WORLD DAY OF PRAYER

This year's World Day of Prayer on 1st March, 20 students from Year 7, 8 and 9 hosted this community event with staff from KAR, which was lead by Mrs Starnes and the community leaders. They sang songs from Slovenia and several students were invited to read and some to take part in a short dramatisation. The WDP committee were very impressed with the students and complimented them on singing and reading so beautifully. After the event, our students were excellent ambassadors for the school and joined the WDP committee and guests for lunch.



STAMPS WANTED

Macmillan collect used stamps to turn into cash to help support people affected by cancer. They are just one of many charities you can help by bringing any used stamps to Catherine Moore at reception, just a small border of paper around the edge is enough!



One year we paid for a donkey for a family in a poor region of Africa!

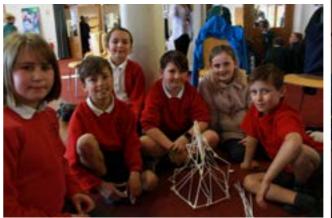
MACMILLAN MAMMOTH QUIZ NIGHT

King's Academy Ringmer held the Macmillan Mammoth Quiz on Friday 8 March. Around 150 people, 23 teams took part in the quiz. KAR Senior Students waited on tables as the Quizzers were treated to a wonderful meal prepared by our lovely kitchen staff. A fantastic hamper was won as well as plenty of raffle prizes. Everyone thoroughly enjoyed the evening, but more importantly, we raised £1,370 for Macmillan Cancer Support! KAR would like to thank our wonderful Senior Students who were a credit to the school, and a special thank you to Mrs Peters who organised the whole evening...well done!



2019 LITTLE BIG BANG

King's Academy Ringmer held their second 'Little Big Bang' Event this week. After the success of last year's event, this year proved to be bigger and better, involving over 200 pupils from 10 local primary schools.



The whole day event offered nine STEAM workshops to the visiting Year 5 students who attended four workshops each.



The workshops were provided by General Dynamics UK, The Institution of Engineering and Technology (IET), University of Brighton, Thales UK, East Sussex College, Edwards Vacuum UK, Rampion and King's Academy Ringmer's very own Dr Neal and Mr Weir who demonstrated a variety of chemistry tests and generally set fire to things!



r p a d n s t



The year 5s, along with their teachers, loved all the interactive workshops. They created a route map with special pens for robots to follow; made structures from raw spaghetti and marshmallows; learnt how vacuums, pumps, wind turbines and solar cells work; learnt photoshop skills; made balloon cars and tried their hand at a few chemistry experiments. After lunch, the whole day was wrapped up by a team building exercise to make the tallest tower from paper straws which could suspend a 200-gram weight. Barcombe Primary were the winners with a 23cm tower. Well done, Barcombe!



Initial feedback from the primary teachers, the year 5s and demonstrators has been fantastic. All the guests couldn't praise the day enough!



Jamie Peacock, Marketing and Transition Manager, said, 'It was a mad, crazy day with an additional 200 guests on site but an absolute success. All had a great time and engaged in activities that they had never done before. I'm sure they will all remember this day for a long time. Lastly, I would like to thank everybody involved for all their help in creating such a memorable day.'

MATHEMATICS

Students have been working really hard this year in maths, from our newer students in year 7 to the veterans of year 11 who are soon to leave us. Topics covered include solving guadratics using a number of different methods, to finding patterns in number sequences and determining the nth term.

The Intermediate UKMC was an amazing success. It is open to all students in year 9 and 10 and we entered 40 able and in some cases willing students. Over 3000 schools entered the competition this year, over 250 000 students. Two of our students achieved Gold certificates with eight others being awarded silver or bronze. Plus, one of our cohort entered early, she is in year 8 and was rewarded with a silver certificate. One lucky student was pleased with an invitation to the very prestigious UKMT summer school in Leeds, we are all sure she will have a fantastic week.

Year 11's have been focussing on their GCSE and this has included the dreaded March mock, it was a difficult paper testing most of the topics covered since the beginning of year 7. The main purpose of all mocks

OUTSTANDING STAFF

We are thrilled to announce that two of our members of staff have won prestigious teaching awards. Angie Da Nobrega has won a Sussex Teacher of the Year award and Sarah Miller has won a Sussex Support Staff of the Year award. Both members of staff were nominated by parents.



are to ensure student know how to revise and maths definitely uses a "do lots of maths" revision techniques. To that end, all students have been given part of the past paper pack to complete over Easter and in their exercise books is a list of topics they did well at in the mock and some they need to work at using the red, amber green indication. Red is bad, green is good.

It has been fantastic to see our new year 7 students, 4 terms into learning maths at Ringmer, making excellent progress. The year group are fantastically keen to learn new techniques and topics and are starting to understand the need to master a method before moving on. Year 7 students this week have been solving and forming guite challenging equations. Here is one to test you!

A rectangular field is 20 metres longer than wide. The perimeter of the field is 280m

a) Find the dimensions of the field. b) Find the area of the field.

2m008⁴ - d m09 yd m08 - 6

TIME TO TALK DAY

Time to talk day 2019 MentalAwarness

However you do it, make a conversation about mental nealth.



On February 7 each tutor group completed a quiz & watched a video before engaging in a meaningful conversation

about mental health.

Ne are looking at ways to raise awareness

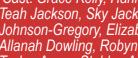












Cast: Grace Kelly, Hannah Richards, Teah Jackson, Sky Jackson, Milly Johnson-Gregory, Elizabeth Goudie, Allanah Dowling, Robyn Hughes, Seth Taylor, Angus Stubbs, AJ Anstiss, Caitlin Du Toit, Lucinda Randall, Erin Gibbs, Robyn Read, Megan Batley, Alfred Parris, Ethan Quigley, Charlotte Cloves, Alice Denness, Evie Reed, Kate Whatford, Grace Wilson, Alice Holland, Alarna Hills, Amelia Linehan, Ruby Gentry-Clark

Production: Charlie Allen, Edward Cottingham, Rubi Griggs & Jack Woodgate

Director & Choreographer: Miss Williams

Music Director: Miss Urguhart





Students have been working extremely hard on this year's production of Aladdin Jr. Since September students started with a read through and introduction to the show and then took part in an audition process where over 50 students were involved. Since then students have attended weekly production, vocal and choreography rehearsals. The students performed three amazing shows to over 100 students from our local primary schools, friends and family. We are extremely proud of how hard the pupils have worked, their dedication and teamwork.







DESIGN & TECHNOLOGY

YEAR 10 SUPER STANDS

The group of boys have been working hard making iPad stands. Demonstrating a range of wood specialist skills in preparation for their Coursework in June.





YEAR 8 STRONG SCALPEL SKILLS



The year group have pulled together this term and worked as manufacturing teams to produce some outstanding work. I have been blown away by how fantastic everyone has been - Well done vear 8!

YEAR 11 SIMPLY SPLENDID SUBMISSIONS

Wonderful submissions this year by an outstanding and talented group of students.. I am hugely proud of their achievements and all the outstanding effort they have put in. All students are now studying hard as their GCSE exam is rapidly approaching.

Year 7 Striking Stuff

This term the students have been experiencing the wacky world of Memphis design. They have also been pumping some iron in the workshops for the majority of the term. Thank goodness for their focused and driven work ethic as they have produced some 'striking stuff... get it?

Year 9 Stupendous Squad

What an incredibly important term for vear 9. Selecting their options is always tricky but boy am I excited for my 'stupendous squad' I have for GCSE next year. I can't wait to get them to work and show the exam boards what talent they have! Here are few of them:





Miss F Stead Leader of DT

STAFF TRAINING - MET INSET DAY

250 King's Group teachers, support staff and student teachers attended 19 workshops at our sister primary school Northern Parade in Porstmouth. It was a first for such a gathering and staff couldn't praise the day enough! The 19 workshops covered a multitude of subjects for all to engage with as well as a motivational talk by guest speaker Dame Alison Peacock. The day was also the perfect occasion to be

introduced to the newly appointed CEO of King's Group, Nick Cross. Interim CEO Di Smith said, "I would to all of you for your support for me in my interim position of CEO over the last 8 months. I have greatly appreciated and am delighted to be handing over to Nick whose vision and plans for King's Group Academies we are all unequivocally in no doubt will take us in the right direction." The day also happened to be Di's birthday so staff took the opportunity to present her with a gift of a signed shirt of her beloved

BOWERS & WILKINS VISIT

Back in January we took our year 11 GCSE Design and Technology students to visit Bowers & Wilkins in Worthing to see how the best speakers in the world are made.

Students were blown away by the precision engineering, groundbreaking science and the sheer amazing quality that it takes to produce speakers that can cost between £300 to £55k a pair!



FUN WITH DESIGN AND TECNOLOGY In June KS3 are invited to attend 'BlockBots' club at lunch time. They will design and create their very own block bot





o take home. This will be running until they complete them but it is first come first serve on materials

GIVING BACK TO PRIMARY SCHOOLS

Three of our year 11 students returned to their primary school at the beginning of term along with their Maths teacher Mr Quinnell. The King's Academy Ringmer teacher delivered a Maths lesson on Symmetry to Mrs Crystal's class of years 5 and 6 students. Ringmer students were thrilled to return and loved



the message that 'Big School' isn't too scary at all." After the maths lesson, Alfriston students had a ten minute Q&A session, asking things like 'how big is the school, are there any clubs and what's the food like?'



old teachers (who all

seeing their

said how much they've grown). Headboy Chris Whitehead 6ft 3', said "It's been a great opportunity to return and see my old classrooms and teachers, feel like a giant! I have such fond memories of this school, it's nice to come back, help out and spread



EAST SUSSEX YOUTH COUNCIL

On the 19 February, went to an away day at Hindleap Warren and dicussed the campaigns we would be starting. I chose to work on the knife crime campaign and we made a imeline of what we are going to do. Then more recently, we had a meeting and went further in detail about the campaign. We are



going to make a video about knife crime.

SCOUTING FOR FUNDS

n 2018 I was given the opportunity to attend the 24th /orld Scout Jamboree in America in the summer of 2019. For this I need to fund raise £2500. To raise this money, I have achieved many things including recently where I have challenged myself to climb Ben Nevis, the highest mountain in Scotland. This is considered a vinter climb and will require me to make use of ice axes and crampons as a result of the thick snow on the peak. The climb will be very challenging but I can't wait to do it and share my experience to others.



DUKE OF EDINBURGH AWARD

Over the past 2 and a half years, I have had an amazing time on both my bronze and silver Duke of Edinburgh awards. I have learnt so much from this experience, and have made so many memories that I will never forget.

To complete an award, there are four sections: volunteering, skill, physical and the expedition. For my Bronze volunteering, I ran a series of 13 beach cleans and litterpicks, one of which Maria Caulfield attended.



My skill was guitar, which I continued through both my awards, and my Bronze physical was cycling, which I really enjoyed. As for my silver, my physical was running, in which my primary school reception teacher became my assessor, and it was really nice to catch up with her.

My Silver volunteering was the anti-bullying group that the school offer, called OASIS. This group aims to work

CHARLESTON HOUSE ART WORKSHOP

15 of our Gifted and Talented Art students were privileged to be invited to Charleston House in March.

Students were given a tour of the house and gardens, shown the current sculpture and photography exhibitions and were invited to vote for their favourites. Students also attended an Art workshop lead by Charleston and Art students from East Sussex College whose work features in the sculpture exhibition pictured below.



Elf Frost Year 1

with students around the school in need of emotional help, or just someone to talk to at lunchtime. Overall, have had an amazing time on all of these sections, from working with students at school, to cleaning a beach with the local MP; however the most enjoyable part of doing the Duke of Edinburgh is the expedition at the end. The idea of walking tirelessly for hours on end with everything on your back is certainly off putting for some, but doing so with other amazing people is an incredible experience. I really enjoy being out in the open with the four other people in our group, as we walk across the open countryside, in mostly lovely weather. At the low points, such as sub zero temperatures in the morning, or a disgusting meal, we all come together and create something enjoyable out of the bare minimum.

D of E has given me the chance to grow close with my group, who without D of E, I would perhaps not have spoken to. It was an escape from the stressful environment of GCSEs, and has prepared me for lots of things in life. I am very grateful for this experience, in which I have to thank Nigel Duckworth, and I strongly urge everyone to take part in this programme because the benefits are endless.

Chis Whitehead Year 11

Congratulations to the following students for achieving their Bronze & Silver awards

Charlotte Purdie - Silver Award Christopher Whitehead - Silver Award Rosie Hobbs - Bronze Award Eleanor Frost - Bronze award

Charleston teamed up with East Sussex College on this new exhibition in which students have been asked to respond to the word 'home'.

Students from the Art and Design and Photography courses have created an imaginative trail around the grounds of Charleston, which features art, sculpture and photography. The result is a creative and imaginative response to the meaning of home.

The vibrant show includes a sculpture trail of the students' work in the gardens as well as other 2D works and photography on display in the recently renovated Hay Barn. The students have also been running workshops to other students.

After lunch, our student took the opportunity and tried their hand at sponge printing, taking inspiration from designs and patterens they had sketched when being shown around the house. The day ended when our students created a model house and furniture with the students from East Sussex College.

We would like to thank Charleston House for a fantastic day and espesially Susan Kent for arranging it.

EXCELLENCE IN ENGLISH PROGRAMME

We are nearing the end of our 'Excellence' sessions for Year 11 and feel sure they have had a beneficial impact on our high-aspiring students. Over the past two terms we have been providing high-level academic content, exploring alternative interpretations and encouraging critical, insightful approaches to the key Literature texts. Feedback from students have been very positive and will be used to inform our approach for next year.

Year 10 Excellence in Writing

Our year 10 students are keen writers, and have joined an 'Excellence in Writing' group to nurture their creativity. We meet every other Friday lunchtime in W07, sharing their blogs and competition entries.

In exciting news, we have just secured the patronage of writer and editor Holly Dawson, perhaps locally well known as the writer of the BBC article Home tweet home: A heartwarming story that turned out to be true, the story about housing in Ringmer.



We are thrilled that Holly will be visiting the school to offer her expertise to our aspiring writers and hope it will be the start of a long partnership with mutual benefits.

GCSE Pod

We are delighted to announce that King's Academy Ringmer has recently invested in GCSEPod, the award-winning digital content and revision provider used by over 1,200 schools worldwide. As a subscriber, your child now has

access to GCSEPod's library of over 6,000 'Pods,' 3-5 minute videos designed to deliver knowledge in short bursts. GCSEPod makes

learning and revision much more manageable: every Pod is mapped to an exam board, and contains all the right facts, guotes, keywords, dates and annotated diagrams that your child needs for GCSE success - all neatly organised into topics and exam playlists. One of the best things about GCSEPod is that you can download any Pod to your child's mobile device, and then they can watch them at any time, in any place: with or without internet. It's like they're carrying a whole set of text books in their pocket! Make sure you download the GCSEPod app from the App Store (Apple and Android are supported) to access this feature.

We recommend that you talk about GCSEPod with your son or daughter - make sure they've successfully activated their account and encourage them to make use of this amazing resource throughout their GCSEs. Once they've activated their account, they can browse the Pod library and create their own playlists - just as they would when they're listening to music.

All students have activated their accounts during their English lessons and have been shown how to access content. For more ways you can help support your child using GCSEPod, please visit www.gcsepod.com/parents where you'll find lots more information and resources. If you have any questions regarding GCSEPod please contact me at louisa.loney@kingacademies.uk as I am the GCSEPod Lead for the school.



IS YOUR CHILD USING GCSEPOD TO REVISE?

We've subscribed to the award-winning, learning and revision resource, GCSEPod.

GCSEPod is designed to support your child through their GCSEs and it's never too late for them to start using it!

"Wow! Emma actually asked if GCSEPod counted as a resource that meets students on their level

- 3-5 minute expert-written videos (Pods) covering all
- the key knowledge needed for 21 GCSE subjects.
- Cham specific playlists ['My Courses'] provide ready-made revision
- Ø Watch Pods together and use the identified key words to create flashcards, memory
- nosters and mind mans. 16 (A 12) Students can test their knowledge in GCSEPod assignments set by their teacher

Top tip: Visit www.gcsepod.com/parents to learn more about using GESEPod

Access your child's account at www.gcsepod.com Your child should already be aware of their login details.

gcsepod.com Minfo@gcsepod.com 00 0191 338 7830

SUSSEX SPELLING BEE

This year King's Academy Ringmer was, for the first time, invited to compete in the annual East Sussex Spelling Bee competition. We whittled our year 8 Spelling Bee's down to just two students, Henry May and Grace Kelly. The two of our intrepid spellers headed out to Chailey School to compete against Beacon and the aforementioned rivals to see who would be crowned the locality final winner. It was a tightly fought contest involving words such as tintinnabulation, oesophagus, contemporaneous to name only a few.



Eventually, after much deliberation, the locality winner was decided and Chailey were Victorious. One 'Super Team' will be created containing the best spellers from each of the schools to go through to the Grand Final in the Summer Term.

Good luck to our prospective Bees and we'll keep our wings crossed!

YEAR 11 GCSE REVISION

As the final exams approach, our expectation is that students should be involved with revision on a daily basis. In English, we have provided them with accessible material to support independent study, both in their exercise books and through online resources on Google Classrooms and GCSEPod. We will also be providing a quite study place after school on Tuesdays in the English department classrooms where teachers will be available to support revision. Revision sessions for Literature will also be available on Saturday mornings before the exams and there will be two after school 'Walking Talking Mocks' for the Language exams in June. Students will be asked to sign up for these after Easter.



Google Classroom



YEAR 10 SUMMER EXAMS

Year 11!



KS3 CREATIVE WRITING CLUB

Students across KS3 have been invited to attend a weekly creative writing club at lunchtime; the club will give students a chance to develop and hone their writing skills within a supportive group environment. One aim of the club is for students to explore different strategies for writing creatively, which they can then embed in their work. It will, however, be completely up to students to decide what they want to make the focus of their imaginative writing! The end result will hopefully be creative writing that students are proud of and can continue to develop independently.



If you would like to join this group, please see Miss Peake.

Year 10 will sit two full Literature exams in June as part of their final assessment. They should already be involved in a cycle of revision of the Literature texts to avoid unnecessary anxiety and unsuccessful 'cramming' in the days leading up to the exams.

This preparation might involve independent use of

GCSEPod or Seneca, creating cue cards for quotations and re-reading the texts. Early habits of effective revision in Year 10 will significantly reduce the stress of final exams in



Ms S Hunnisett

ACTIVITIES WEEK

Monday 1st to Friday 5th July

Activities Week is an opportunity to embrace some new challenges. This week of off-timetabled activities gives students the chance to learn outside of the classroom and allows staff and students to work together in less formal situations.

The week provides students with the opportunity to see and experience local attractions. It allows students to learn in a completely different environment and work with students from other year groups. Students can select an activity which they are already interested in and already participate in, or select an activity completely new to them.

We have made an effort to offer a wide variety of activities, many on offer for the first time this year. Students can choose from a combination of free activities and activities which carry a cost.

Our aim is to provide a realistic, demanding and enriched selection of activities that fully engage your child. In order to cover the cost of the activities that require payment, we must ask for a contribution from parents. We always ensure that any parental contribution is as small as possible but we must stress that without enough contributions activities may not be able to take place.

Just some of the activities include:

Harry Potter Studio tour



Drusillas Park - Zoo

Brighton Aquarium and Seafront



Wakehurst Place



Herstmonceux Observatory



Mountain Biking

Sailing and Windsurfing

Branching Out



International Cooking - Chilli Pickle visit (Brighton) Football Tournament Golf at East Sussex National Making a Band Workshop

Science Museum visit.... and many more.

Please see your email for details and you can pay via <u>ParentPay</u>

YEAR 11 FOOD EXAMS

Year 11 Final Food Preparation and Nutrition Exam





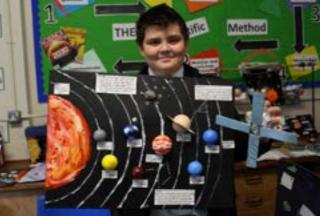
19 Students have been involved during the month of March in their final 3 hour practical exam. They were given the choice of 2 tasks: to produce 3 dishes with the influence of Asian Cuisine or to produce 3 dishes that would be suitable for teenagers.

All students worked really hard to produce complex dishes in the time allocated. Here are some pictures from their practical work. Well done to the Year 11 Food Preparation and Nutrition group!!

SCIENCE NEWS

Year 7 have been learning about space and how living organisms are all dependent on each other for survival. Ms Dormers science classes, completed a homework project on space to start their new topic. There was a great range of solar system models made, from small to large, and the creativity and enthusiasm of the year 7 students shone through. Click on the photo below to see more of the students' work.





Al as Y ai



Year 8 and 9 have been learning about respiration, photosynthesis, the Earth's climate and the Earth's resources.

Year 9 have also recently made a fantastic start to the GCSE science course.

Year 10 have been learning about the reactivity series, acids and alkalis, making salts, health, disease and radioactivity.





All students in Years 7-10 have had challenging science assessments this term and have performed brilliantly.

Year 11 worked hard to prepare for their mock exams, and the results are looking superb.

LIBRARY NEWS

A group of students are busy reading their way through The Amazing Book Awards shortlisted books. <u>https://</u>

amazingbookawards.co.uk



They will then vote for their favourite book and the winning title will be announced at the awards evening to take place at Shoreham Academy in June. See the video below for a brief review of each book.



Mrs Turner ran the Hastings Half Marathon last Sunday to raise money for

Parkinsons UK. Some of you will know that her father is living with Parkinsons so it's a charity she feel very passionate about. If you are able to donate, however small the amount, she would be very grateful. We have some brand new nature writing books in the library for spring, including a great new title by Simon Barnes called Rewild Yourself, encouraging us all to re connect with the nature that exists around us.



To continue on this theme we are in the process of creating a wild flower display from repurposed book pages at the regular paper art club held in the library

STAFF MARATHON MISSION

It was a busy day for KAR staff as Mr Burchett also ran what is his home town race. His second competitive half marathon this year resulted in a new course PB of 1:28:36, just shy of his half marathon PB of 1:27:51 which he ran in February at the flatter Brighton course in cooler conditions.

> Both races are part of his training to for the London Marathon which he will be running on the 28th April, aiming to beat his marathon PB of 3:27 minutes.

Academy for posts from Austria!

during Wednesday lunchtimes. New Students are always welcome to drop in and help with this.

amazingly talented local author Holly

Dawson coming into the school to wor with our older students.

Holly is kindly offering her time to run

inspirational writing workshops which

will be an invaluable opportunity for th

Sarah Colbourne - Librarian

KING'S SKI TRIP

On Friday 15th March 13 students

& Mr Duckworth took part in an

one hour long Session on the dry

ski slope. This was to prepare us

for our forthcoming trip to Austria.

There were varying levels of ability but with the help of the instructors

everyone had a good time without

too many wipe outs. Please follow us on Twitter: @Ringmer_

We are really lucky to have the

Exciting news! King's are going skiing in February 2021. Students have been registering their interest in the ski trip for the past few weeks. The USA option is looking the most popular. What a fantastic opportunity to jump at! Skiing for 5 days in beautiful New Hampshire and an overnight stay in New York city. Please contact Miss Stead if you would like to register for this once in a lifetime trip.

PAIRED READING PROGRAMME

This term, a group of Year 10 students have been running a paired reading scheme for Year 7 students. Each Year 10 student has been paired up with a couple of Year 7 students and together, during tutor time on a Monday, they read the book 'Oranges Are Not The Only Fruit'. This is a fantastic opportunity for the Year 7 students to practise their reading in a supportive environment and discuss the topical issues raised in the stories.



The Year 10 students prepare the sessions and they support the students to pronounce and understand new vocabulary, check their understanding of the story and develop inference –a vitally important skill for

NHS DROP-IN NURSE

King's Academy Ringmer will be offering the chance for all students, every Wednesday to see an NHS nurse. There will be a drop-in session available at lunch times in the meeting room by reception.

An appointment is not necessary and sessions are completely confidential (except with safeguarding issues).

All pupils can come and see us for a range of issues confidentially, such as emotional health, stress and anxiety, issues of physical health, smoking, healthy eating and sexual health. I am unsure if you allow us to distribute c-cards and this you may need to check with your head before advertising this. They can self-refer and do not need to book and see us, just pop in. The nursing team are offering a new suppoert programme called #GOALS

#GOALS is an 8 session, 1:1 programme designed to support young people in East Sussex aged 11-18 to achieve a healthy weight and lifestyle.

- 20 minute sessions every 2 weeks
- Meet one-to-one with a fully qualified health professional
- Covering a range of topics to help achieve and maintain a healthy weight and lifestyle including diet and nutrition, exercise, cookery, sleep and

fundraising/jennie-turner22 BADEN-POWELL CHALLENGE

https://www.justgiving.com/

Cerys Reed in year 10 has successfully completed her Baden-Powell Challenge with her Girl Guide Group.

Cerys took part in The Baden-Powell Challenge Adventure, which is a residential event designed to explore an individual's readiness to do her best by meeting with other guides.

L look at further Guide opportunities and experience something new!



Well done Cerys!

-

successful readers. In addition to this, they have taught mini Geography lessons about the book's setting, the historical context of the story and conducted sensitive and philosophical debates on the nature of warfare. At the beginning of the programme, some of the Year 7 students were a little reluctant to take part and did not consider themselves readers. However, we are delighted that due to the strong relationships forged, and the progress made in reading, all of the students are excited to continue in the programme and are looking forward to starting the next novel.



I would like to thank the following Year 10 students for their dedication: Daisy Brittain, Myles Govus, Isaac Birch, Kitty Barton, Alessandro Priffti, Martha Swallow, Lily Ness, Jack Leonard and Freya Molineaux. I would also like to thank all of the Year 7 students who have taken part – you always make us laugh first thing on a Monday.



screen time Develop personalised goals and confidential plans

For more information you can ask your School Nurse at a drop-in or talk to a member of the East Sussex School Health Service at health promotion events in school.

Young people can sign up now through text via our Chat Health Service on 07507 332473.

Alternatively young people, parents/carers, and professionals can refer via the following link: https:// www.kentcht.nhs.uk/forms/school-health-service-eastsussex-referral-form/

or can contact the service on 0300 123 4062 to speak to a member of the team for more information"

ROSIE'S RACE WALK

On Saturday 16th March Rosie Gaughan competed in a Racewalk at Broadbridge Heath. She was one of only 3 under 13's in the race with no other children turning up. Possibly due to the horrendous weather which was wet and incredibly windy!

Rosie beat her PB by walking 2k in a time of 13:59. Her previous time for this distance was 15:37 so an significant improvement.



BEN

Also competing alongside her on the track. for longer distances, were former Olympians who were spurring her on.

Rosie is competing for the South of England next

Eltham, South London and is now a member of the British Athletics Association.

LAWRENCE'S

MEDAL HAUL

I swim for Brighton swimming

Club and recently I have been

to many comprtitions including

Counties where I won a silver

I have also competed in many

the best in my age group and claimed a medal. The stroke I

other galas and have raced

medal for my 50 m breaststroke.



Saturday in

seem to be winning most of my races is the breaststroke or backstroke overall in the past yearl have won 12 bronzes, 15 silvers 12 golds, 6 countie rosettes and 1 trophy, racing against Marlins, Crawley, Eastbourne, east Grinstead and the Isle of wight.

Ben Lawrence Year 7



Following a set of rigorous training and selection sessions, on 17th March I had my first Sussex Hockey match at Hurst College, our home ground as the number 1 Goal Keeper. We played Surrey and Berkshire, both were very good games. We beat Surrey 2-0 with a fantastic shot on goal from our Captain from a short corner (penalty corner) and an amazing dribble past all the defenders and straight over the Goal Keeper's head into the back of the net.

Our second game was against Berkshire. Although we lost 4-2, we never gave up and kept fighting. For me as the Goal Keeper, I was kept busy and the main difference between the two teams is they were taking more shots than we did and our defence was much less organised than the first game - this was a good learning point for us and we knew we could do better.

On 31st March (Mothers Day) we had our second set of games against Oxfordshire and Hampshire in Oxford. When we played Hampshire we took what we learnt more shots on goal - we smashed them 5-1!



Our second game against Oxfordshire was tougher as they were quite organised but we kept working on our strategy and beat them 3-0 (a clean sheet for me!!). It was a fantastic way to finish the day. With 3 wins and 1 loss, we are currently 3rd in the Inter Counties Junior Hockey League and well on our way to winning!!

Poppy Wiles Year 7

GIRLS RUGBY AT KING'S ACADEMY

We are continuing to develop girl's rugby which is proving very popular and have recently started an after school club.

As a result of this development, Martha Swallow, Lily Ness, Xanthe Watkins, Niamh Weldon Olivia & Poppy Wiles have all joined Uckfield Rugby Club, training regularly during the week and playing in league matches on a Sunday.

Martha said "Playing for the Uckfield Rugby Club has not only improved my skill set for the sports but it has also improved my social skills and confidence. We meet every Wednesday night from 7 till 8:30 and usually we have matches on Sundays which usually result in a lot of mud. I think it's great that young people have the opportunity to go out and meet others through doing what they enjoy, especially it it's doing a team sport like rugby.'



LOUIS MOYES SWIMMING UPDATE

Since Christmas I have been swimming more than ever and have been at my best in a number of swimming galas.



I've competed at events in Crawley, Bristol, Southampton and have a gala coming up in Bognor. I've been improving

at every event I've entered and at my last gala in Southampton I came 1st in the 50m breast stroke, 2nd in the 50m front crawl and 4th in the 50m backstroke. I also had five personal best times out of the six races I competed in. Because of my disability I race in a similar classification as Olympic Champion, Ellie Simmons who has been a massive inspiration for me. I've been so happy with my progress recently, I really hope I can keep improving and have been looking at how I can get more swimming time. Hopefully I can gain more pool time by using the pool at school in session before or after my school day...you never know, if I keep improving I too may compete in the next Para Olympic Games!

As I have spent a long time in Great Ormond Street Hospital (GOSH) and wanted to thank them for all the great care they have given me. I organised a sponsored swim which took place at the beginging of the year. I achieved my goal of swimming 50 lengths in 40 minutes and raised a total of £900.

It was such a proud moment when I went back to hand the cheque over and personally thank all the staff who carry out life saving surgery, support and care everyday. I hope the money I raised will help someone like myself to benefit from their work as much as I have!



BRIGHTON AND HOVE ALBION FOOTBALL CLUB

A group of keen footballers took the opportunity to visit The Amex Stadium, home of Brighton & Hove Albion FC, recently. The Premier League team hosted an Enterprise Day which included a number of interactive activities to engage the students into thinking about their learning experiences and opportunities. They looked at how Brighton create the whole fan experience, as well as skills such as communication and resilience. The day finished with the students being taken on a tour of the stadium and learned



about the complex organisation that goes on behind the scenes. The students had a great time and are already looking forward to returning as this was one of ten sessions. Students have been learning pivotal skills in English and Maths in a different environment.



In the final session students will get to celebrate the end of the programme in which they have been promised a surprise guest for the day.

All the students have listened well and took on all the information which their course mentor Katie has imparted upon them, it has been a fantastic learning experience for all those involved and will hopefully aid these students going forward.

Mr J Coulthard Leader of PE

Year 11 NETBALL

At the beginning of year 11, six students from the schools netball team made the decision to branch out with our netball and join a league in Lewes. We made this choice because we knew it would better our playing level, ready for our GCSE moderation in March.

The first few weeks of the league felt very intimidating to us as we were one of the youngest teams, playing against teams who had been playing before we were born! We also had the added pressure of going up against ex-ringmer students and our PE teacher Mrs Peters. Now almost 7 months in, we can all collectively see the improvement in our gameplay. The league has also been very beneficial for us as it has enabled our confidence to grow around the technique of the game as well as playing with other teams. It has increased our enjoyment for netball massively. As the league continues we can only hope to increase the number of wins we have achieved so far.

Ellie Gross Year 11