

Term	Theme	Key assessment	How you can support your child
Year 7 PSHE			
1	Support networks and making friends. Anti-bullying and the peer mentor OASIS scheme	Making friends	Reading/watching the news and discussing ideas with your son or daughter enables them to fully comprehend many of the issues. PLEASE ENCOURAGE THEM TO READ – ANYTHING. This will enormously improve the quality of their written English.
2	Health and safety Keeping safe on the railways. Keeping safe on the roads First Aid Periods	First-Aid test	Get them to show you how to do hands-only CPR
3	British values – how is the UK run? British values - what are these? British values How is the UK run/Parliament British values Democracy and debating		Watch the news with them.

	<p>British values - Positive discrimination - the Great Loo Mystery</p> <p>British values - how would you change things?</p> <p>ASSESSMENT</p> <p>Survival guide to the UK</p>	
4	<p>Relationships and Sex Education</p> <p>RSE 1 – the body</p> <p>RSE 2 - sexuality</p> <p>RSE 3 – healthy relationships</p> <p>RSE 4 - FGM</p> <p>RSE 5 – bullying revisited</p> <p>RSE 6 – help and advice</p>	<p>All students will be offered a free booklet – 4Boys or 4Girls – which gives straightforward information about sex and relationships. They do not need to talk one if it makes them feel uncomfortable but if you email natalie.moorhouse@kingsacademies.uk I can send you a copy.</p>
5	<p>Drugs alcohol and tobacco</p> <ul style="list-style-type: none"> • Solvent abuse • Tobacco use 	

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Careers

- using I could website
- stereotypes
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Talk to them about your career – how has it changed?

Ask them what the I could website suggested as possible careers for them. Get them to show you the website